

# Effective interventions to strengthen capacity for evidence-informed policymaking in Swiss health authorities

## Key Messages

- The use of evidence (i.e. research and data) in health policymaking is limited
- Interventions that aim to build capacity of policymakers and policy organizations for using evidence have been implemented but proof of impact is still limited
- Yet, future initiatives that aim to increase evidence use can draw on a considerable amount of recommendations, such as:
  - To be effective, capacity-building interventions may address the individual, interpersonal, organizational and the institutional level (i.e. wider societal context)
  - Interventions are preferably targeted and tailored for local context
  - Sufficient resources should be provided for effective implementation of capacity-building interventions
  - Simple strategies can be as effective as complex, multi-faceted interventions
  - Building a supportive environment for change and selection of participatory approaches for development and implementation of interventions are commendable
  - Strategies may include partnering with researchers, development of skills and provision of infrastructure and processes for eased research access and use
- This policy brief aims at providing recommendations on effective interventions to build capacity for evidence-use and the implementation thereof to increase the relevance of research in policymaking in Swiss health authorities.