

Anna Romanova

Anna Romanova is pursuing a PhD in Health Sciences at the University of Lucerne with a dissertation that explores stakeholder engagement in health services and health policy research, with a particular focus on co-creation as a strategy for advancing Learning Health Systems (LHS).

The project “Co-Creation for Health Policy-Making: A Global Overview” explored best practices worldwide in co-creating health policies with diverse stakeholders, contributing to the science of LHS by identifying participatory strategies that can enhance policy uptake.

The “Health2040” project engaged stakeholders in a co-creation process to develop a shared vision for the future of Swiss primary healthcare and an accompanying action plan. This initiative demonstrated how collaborative design processes can generate actionable solutions within an LHS.

In “Optimizing Clinical Practice Guideline Adherence in Primary Care in Switzerland,” stakeholders used design thinking to co-develop solutions for improving clinical practice guideline use, highlighting co-creation’s role in bridging the gap between evidence and practice.

The study “Mapping Intersectoral Collaboration: A Network Analysis of Health and Social Care Organizations in Switzerland” uses social network analysis to examine cooperation between health and social care providers that support vulnerable populations in navigating the Swiss healthcare system. Understanding these dynamics is crucial for LHS science, as effective cross-sectoral collaboration is essential to ensure continuity of care.

The project “Stakeholder Engagement in Health Policy and Research in Switzerland: Needs and Expectations” examines how different stakeholder groups can be meaningfully engaged in shaping health research. By clarifying their priorities and expectations, this work advances participatory methodologies that are essential for the inclusivity and sustainability of LHS.

Taken together, this dissertation advances conceptual and empirical insights into co-creation and stakeholder engagement, demonstrating their central role in enabling Learning Health Systems to deliver continuous and context-sensitive improvements in health policy and practice.